

East Haddam Senior Center November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	2 8:15 Pilates 8:15 Casino 9:00 Open Enrollmnt. 10:00 Coloring	3 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	4 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
7 8:15 Pilates	8 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/Cromwll 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	9 8:15 Pilates 10:00 Coloring 12:30 AARP Driver Safety Cls.	10 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help 1:30 Corn Hole/Ladder Ball	11 Closed! Veterans Day <u>TY Veterans!!</u>
14 8:15 Pilates 1:00 Club Mtg. W/Visiting Nurse Lower /valley Presentation "safety @ home"	15 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	16 8:15 Pilates 9:00 Open Enrollmnt. 10:00 Coloring 1:30 Arts & Crafts	17 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 10:30 C.O.A. Mtg. 1:30 Blood Drive	18 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
21 8:15 Pilates 1:00 Movie	22 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	23 8:15 Pilates 10:00 Coloring	24 Closed! <u>Happy Thanksgiving</u>	25 Closed!
28 8:15 Pilates 1:00 Jam Session	29 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	30 8:15 Pilates 9:00 Open Enrollmnt 10:00 Coloring 11:00 Mystery Lunch		